



Green Light Cafe

A TIME WELL SPENT

Lunch

All Day Breakfast Panini €9

Crispy bacon, sausage, black pudding, Portobello mushroom & cracked black pepper mayo
(1 (wheat), 3, 7)

Green Light BLT Bagel € 9

Bacon, lettuce, tomato, & chive cream cheese
(1 (wheat), 3, 7, 11)

Hot Honey Chicken Wrap €9

Flame grilled marinated chicken pieces, baby gem, radish, carrot, red onion, roast peppers & blue cheese ranch dip
(1(wheat), 3, 7, 8(cashew), 9, 12)

Baked Tuna Melt €9

Tuna, sweetcorn, mayo, Irish cheddar on toasted ciabatta bread
(1 (wheat), 3, 4, 7)

Caprese & Cured Ham Focaccia €9

Cured ham, mozzarella, & tomato
(1 (wheat), 3, 7)

Toasted Ham & Cheese €8

Honey baked ham, mature Irish cheddar, & house relish on bloomer bread
(1 (wheat), 3, 7, 10, 12, 13)

Chicken Tikka Panini €9

Chicken tikka & baby spinach
(1 (wheat), 3, 7)

Warm Beef €12

Black Angus beef, rocket, tomato, horseradish & garlic aioli
(1 (wheat), 3, 7, 10, 12, 13)

Smoked Salmon & Crab €14

Irish smoked salmon, lime spiked crab, pickled slaw, on brown soda bread
(1(wheat), 2, 3, 4, 7, 10, 12, 13, 14)

Chicken Roll €12

Buttermilk fried chicken, buffalo hot sauce, ranch dressing, baby gem lettuce, pickled slaw
(1 (wheat), 3, 7, 10, 12, 13)

Green Light Club €12

Chicken, crispy bacon, egg, baby gem, tomato & black pepper mayo, on ciabatta
(1 (wheat), 3, 7, 10, 12)

Caesar Salad €9

Baby gem, crispy bacon, parmesan cheese, croutons & Caesar dressing

Add chicken for €4

(1 (wheat), 3, 4, 7, 10, 12)

Ask your server about our selection of salads & homemade sausage rolls

Açaí Bowls

(Add Extra Toppings +60c each)

Greenlight Sunrise €8.95

Banana, blueberry, strawberry, granola, honey

Greenlight Dream €9.95

Strawberry, banana, hazelnut chocolate, coconut, granola

Greenlight Supreme €10.95

Banana, raspberry, blueberry, peanut butter, chocolate, granola, chocolate chips





Allergens

- 1 Cereals
(Containing Gluten)
- 2 Crustacean
- 3 Egg
- 4 Fish
- 5 Peanut
- 6 Soybeans
- 7 Milk
- 8 Nuts
- 9 Celery
- 10 Mustard
- 11 Sesame Seed
- 12 Sulphur Dioxide
- 13 Lupin
- 14 Mollusc