



# Lunch Menu

## LIGHT BITES

### Wild Atlantic Mussels 9

Served with toasted bread & Creamy garlic & white wine  
(1 (wheat), 2, 3, 4, 7, 9, 12, 14)

### Atlantic Seafood Chowder 10

Ocean fresh hake, salmon, prawns, mussels, root vegetables, white wine dill cream & seeded brown bread  
(1 (wheat), 2, 3, 4, 7, 9, 12, 14)

### Chicken Wings 9/15

Spicy buffalo or sticky BBQ, homemade ranch dressing  
(1, (wheat) 3, 6, 7, 9, 10, 12)

### Chicken & Mushroom Vol Au Vent 15

Chicken pieces, button mushrooms puff pastry casing in tarragon cream  
(1 (wheat), 2, 3, 7, 10, 11, 12, 14)

### Goats Cheese Salad 10/14

Panko crusted goats cheese, pear, baby spinach, macadamia nuts, air dried tomatoes, & maple honey dressing  
(1 (wheat), 7, 8(macadamia nut), 12)

### Chicken Caesar Salad 8/14

Baby gem, crispy pancetta, sourdough croutons, soft boiled egg, parmesan & Caesar dressing  
(1, (wheat) 3, 4, 7, 10, 12)

## SANDWICHES

### Ham & Cheese 7

Honey baked ham, mature cheddar, house relish, bloomer bread  
(1, (wheat, oat) 6, 7, 10, 12)

### Blue Bell Goats Cheese Focaccia 8

Rocket, Mediterranean vegetables, almond & rocket pesto  
(1 (wheat) 3, 7, 8(almond), 10, 12)

### Peppered Beef & Mozzarella 12

Tender beef strips, sautéed onion & mushroom, cracked peppercorn sauce,  
(1 (wheat) 3, 6, 7, 9, 11, 12)

### Grilled Chicken Bagel 8

Grilled chicken, mature cheddar, cured bacon, crispy gem lettuce with vine tomato & black pepper mayo on poppy seeded bagel  
(1, (wheat) 3, 7, 10, 12)

### Pulled Pork Bap 9

Bourbon BBQ pulled pork, buttermilk fried onion, apple sauce, baby gem lettuce on brioche bun  
(1 (wheat) 3, 6, 7, 9, 11, 12)

#### ADD ON

Soup of the Day 3

Chips 3

Sweet Potato Fries 4

All served with seasonal leaves

## MAINS

### Roast Irish Grass Fed Sirloin of Beef 16

Honey roasted root vegetables, champ mash, Yorkshire pudding, roasties, Guinness & Thyme sauce  
(1, (wheat) 3, 7, 9, 10, 12)

### Buttered Turkey & Maple Baked Ham 15

Seasonal vegetables, champ mash, roasties, sage & onion stuffing & thyme Gravy  
(1, (wheat) 7, 9, 10, 12)

### Malay Chicken Curry 15

Medium spiced coconut curry, Baby potatoes, pea mangetout & basmati rice  
(3, 4, 7, 9, 12)

### Bacon & Cabbage 15

Josper Roasted Bacon Chop Champ potato, creamed savoy cabbage with wholegrain mustard cream sauce  
(1(wheat), 3, 7, 9, 10, 12)

### OTB Signature 15

Black Angus burger, cheddar, bacon, pickle, red onion marmalade & cracked black pepper mayo, baby gem, vine tomato, rye sourdough bun & chunky fries  
(1 (wheat) 3, 7, 10, 12)

### Baked Fillet of Atlantic Way Hake 15

Herb crushed potato, broccoli florets, pine nuts, red onion & extra virgin olive oil  
(4, 7)

#### Allergen Information

1 - Cereals    3 - Egg    5 - Peanut    7 - Milk    9 - Celery    11 - Sesame Seed    13 - Lupin  
2 - Crustacean    4 - Fish    6 - Soya    8 - Nuts    10 - Mustard    12 - Sulphur Dioxide    14 - Mollusc





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