

Lunch Menu

Wild Atlantic Mussels 9

Served with toasted bread & Creamy garlic & white wine (1 (wheat), 2, 3, 4, 7, 9, 12, 14)

Chicken & Mushroom Vol Au Vent 15

Chicken pieces, button mushrooms puff pastry casing in tarragon cream (1 (wheat), 2, 3, 7, 10, 11, 12, 14)

LIGHT BITES

Atlantic Seafood Chowder 10

Ocean fresh hake, salmon, prawns, mussels, root vegetables, white wine dill cream & seeded brown bread (1 (wheat), 2, 3, 4, 7, 9, 12, 14)

Goats Cheese Salad 10/14

Panko crusted goats cheese, pear, baby spinach, macadamia nuts, air dried tomatoes, & maple honey dressina (1 (wheat), 7, 8(macadamia nut),12)

Chicken Wings 9/15

Spicy buffalo or sticky BBQ, homemade ranch dressing (1, (wheat) 3, 6, 7, 9, 10, 12)

Chicken Caesar Salad 8/14

Baby gem, crispy pancetta, sourdough croutons, soft boiled egg, parmesan & Caesar dressing (1, (wheat) 3, 4, 7, 10, 12)

Tender beef strips, sautéed onion

Peppered Beef &

& mushroom, cracked

(1 (wheat) 3, 6, 7, 9, 11, 12)

Soup of the Day 3

Sweet Potato Fries 4

peppercorn sauce,

ADD ON

Chips 3

Mozzarella 12

Ham & Cheese 7

Honey baked ham, mature cheddar, house relish, bloomer bread (1, (wheat, oat) 6, 7, 10, 12)

Grilled Chicken Bagel 8

Grilled chicken, mature cheddar, cured bacon, crispy gem lettuce with vine tomato & black pepper mayo on poppy seeded bagel (1, (wheat) 3, 7, 10, 12)

SANDWICHES

Blue Bell Goats Cheese Focaccia 8

Rocket, Mediterranean vegetables,

almond & rocket pesto (1 (wheat) 3, 7, 8(almond), 10, 12)

Pulled Pork Bap 9

Bourbon BBQ pulled pork, buttermilk fried onion, apple sauce, baby gem lettuce on brioche bun (1 (wheat) 3, 6, 7, 9, 11, 12)

All served with seasonal leaves

Roast Irish Grass Fed Sirloin of Beef 16

Honey roasted root vegetables, champ mash, Yorkshire pudding, roasties, Guinness & Thyme sauce (1, (wheat) 3, 7, 9, 10, 12)

Bacon & Cabbage 15

Josper Roasted Bacon Chop Champ potato, creamed savoy cabbage with wholegrain mustard cream sauce (1(wheat), 3, 7, 9, 10, 12)

MAINS

Buttered Turkey & Maple Baked Ham 15

Seasonal vegetables, champ mash, roasties, sage & onion stuffing & thyme Gravy (1, (wheat) 7, 9, 10, 12)

OTB Signature 15

Black Angus burger, cheddar, bacon, pickle, red onion marmalade & cracked black pepper mayo, baby gem, vine tomato, rye sourdough bun & chunky fries (1 (wheat) ,3 ,7 ,10, 12)

Malay Chicken Curry 15

Medium spiced coconut curry, Baby potatoes, pea mangetout & basmati rice (3, 4, 7, 9, 12)

Baked Fillet of Atlantic Way Hake 15

Herb crushed potato, broccoli florets, pine nuts, red onion & extra virgin olive oil Statistic Contraction (4,7)

Allergen Information

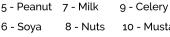
1 - Cereals 2 - Crustacean 3 - Egg 4 - Fish

8 - Nuts

6 - Soya

11 - Sesame Seed 10 - Mustard 12 - Sulphur Dioxide 13 - Lupin 14 - Mollusc







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